

# **Parent Guide**

Information, Resources, and Support





### **Student Involvement and Support**

We are excited to welcome you to the Hoosier family! Your student will have many opportunities to get involved in their new community at IU. Encourage them to discover all the activities our large campus has to offer. After all, a successful college career is more than just academics.

### **OIS EVENTS & PROGRAMS**

The Office of International Services hosts fun events like global concerts and the World's Fare, as well as ongoing language support and other cultural clubs. Connect with our events at ois.iu.edu/events.

### **ACADEMIC SUPPORT**

Academic advisers monitor student performance and help students find the resources they need to maximize their success. Your student will have access to math and writing tutors, one-on-one meetings with professors, extra help with English, and classes to improve study skills. Review support options at ois.iu.edu/support.

#### STUDENT ORGANIZATIONS

IU has over 700 student organizations that cover a wide variety of interests, including religious, athletic, recreational, cultural, artistic, social, and political. Explore them at beinvolved indiana.edu.

#### RECREATIONAL SPORTS

If your student likes to play sports, they can choose from many individual and group recreational sports. Students also love to cheer on IU's teams. It's a great way to meet new friends, and to exercise the body as well as the mind. Learn more at recsports.indiana.edu.

### **RELIGIOUS INSTITUTIONS**

Bloomington is a very tolerant city where many different religions are practiced. See some of the organizations at **carlaiu.org**. We also have a Tibetan Monastery and an active Mosque.

### **CAREER SERVICES**

Each school within IU has a career services center that provides training, coaching, and resources for students as they pursue their career opportunities. Practical experience is highly valued in U.S. culture and can open up more opportunities after graduation. Connect with IU's career services at ois.iu.edu/career.

# Parent Resources

**We're here to help.** Feel free to contact us anytime!

#### **EMERGENCY CONTACTS**

### Office of International Services

Email: ois@iu.edu Phone: 812-855-9086

#### **Dean of Students**

Email: iubdos@indiana.edu Phone: 812-855-8187

#### **IU Police**

Email: iupd@indiana.edu Phone: 812-855-4111

### **HELPFUL WEBSITES**

Academic Calendar registrar.indiana.edu/official-calendar

Academic Advising ud.indiana.edu

Career Services ois.iu.edu/career

Office of International Services ois.iu.edu

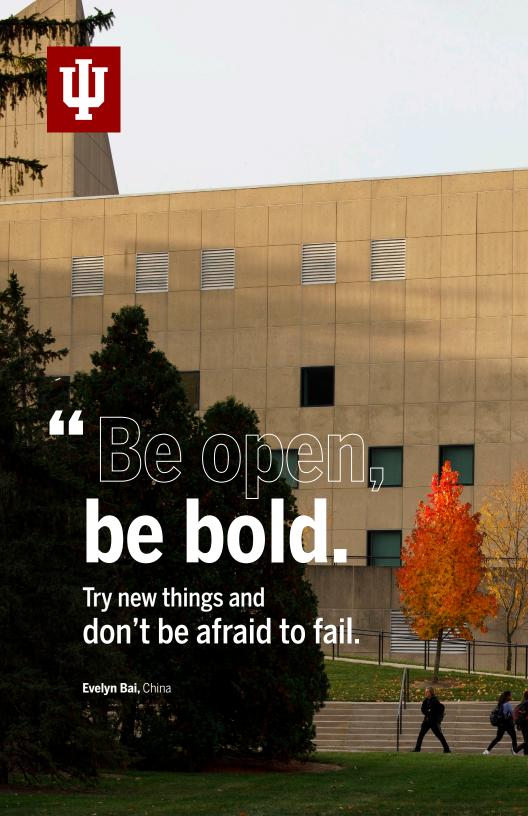
Health and Counseling healthcenter.indiana.edu

Student Accounts and Registration studentcentral.indiana.edu

On-Campus Housing rps.indiana.edu

IU Police Department iupd.indiana.edu

Dean of Students studentaffairs.indiana.edu





# International Orientation

We strongly encourage students to complete New Student Orientation (NSO) online before their arrival in Bloomington. All students will receive videos and online sessions prior to leaving home. Most portions of orientation, such as placement tests and advising, happen virtually before students arrive on campus.

Upon arrival in Bloomington, undergraduates will attend welcome events and resource fairs that help students set up their new home and make new friends.

Once students arrive on campus, they should not plan additional travel through the beginning of the fall semester.

# Parent Involvement Opportunities

Parent Association

ois.iu.edu/parent-association

First-Year Parent's Newsletter ois in edu/newsletter

Parent Engagement ois.iu.edu/engagement

IU Global Gateways global.iu.edu



### **Life in the Residence Halls**

All first-year students are required to live in our on-campus dormitories operated by the Division of Residential Programs and Services (RPS). We are committed to providing facilities that are safe and secure; environmentally healthy and clean; accessible, furnished, and functional; attractive and inviting; convenient to campus; and competitively priced.

Living on campus provides distinct advantages and optimum learning environments for our students. By meeting the developmental goals of our residents outside the classroom, we enable them to succeed inside the classroom.

International students are fully integrated into each dorm on campus. Every student living with a roommate signs a roommate agreement at the beginning of the semester. If there are any conflicts, students are encouraged to work with their Resident Assistant (RA). RA's are highly trained student staff members assigned to each floor or living unit. They are familiar with their residents and living conditions, and can help solve any issues that might arise.

### **Academic Paths**

Most students are admitted to University Division, where they complete a required set of general education classes. Once they complete courses required for admission to their desired major field of study (usually in a year or two), they apply to one of 16 schools within the university. Each school will have a variety of majors, with their own set of requirements for degree completion.

Most courses last one semester and are valued at 3 credits, which means class is held for 3 hours each week for a period of 16 weeks. Degrees consist of 120 credit hours and students take, on average, 15 credits each semester. Both the total number of credit hours and individual specified courses are required for graduation.

Classes are offered in the fall, spring, and summer semesters, although most students take a break—or work—during summer.

# **Grading & Assessment**

Students will experience more continuous assessment than what they may be accustomed to in their home country. They will be rated on reading, writing, quizzes, and exams throughout the year. Some classes count attendance and class participation. Each professor will outline their rules and expectations on the first day of class.

Grade	Description	GPA	Scale
A-, A, A+	Excellent	3.7-4.0	99-100
B-, B, B+	Very good	2.7-3.6	80-89
C-, C, C+	Marginal	1.7-2.6	70-79
D-, D, D+	Unacceptable	0.7-1.6	60-69
F	Failing	0-0.6	0-59

In the U.S. classroom, grades are represented on a scale 0-100%, with letter grades of A-F (including pluses or minuses). Grade Point Average (GPA) is based on a scale of 0.0-4.0.

Actively participate in your classes — don't feel shy to ask questions!

# Paying IU Tuition and Expenses

### PAYING WITH FOREIGN CURRENCY

International students can pay their student account balances from their home country with **Flywire**, or Convera's **GlobalPay**. These options allow you to pay in your own currency and provides a simple and secure way to initiate an electronic payment. Find more details at **ois.iu.edu/foreign-currency**.

### ALTERNATIVE PAYMENT METHODS

IU offers several ways to pay the bill. See the options at ois.iu.edu/payment.

- Checking/Savings Accounts
   U.S. banks only
- Credit/Debit Cards incurs a nonrefundable service charge
- In-Person Payments
- Wire transfers
   7-10 business days to process

### **QUESTIONS?**

If you have questions about your student's bill, how to pay, or other concerns, **Student Central** has resources to help.

# What FERPA means for you

**FERPA** regulates access to student records.

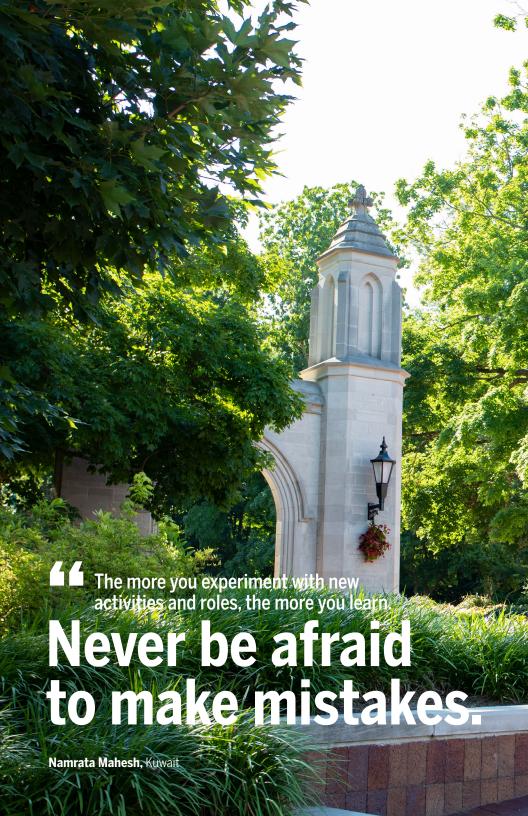
#### WHAT IS FERPA?

The Family Educational Rights and Privacy Act (FERPA) is a U.S. law that protects the privacy of a student's educational records. Students can authorize people (like parents, guardians, and spouses) to view and pay their IU accounts by creating **3rd Party User** access in One. IU. They can add as many 3rd Party Users as they want, and it's simple to set them up.

### HOW TO SET UP 3RD PARTY USERS

Please note that your student will need to set this up in order for you to view and pay university bills online.

- · Log in to One.IU
- Search for 3rd Party User
- Follow instructions at ois.iu.edu/access





# The diversity and Sense of Security that IU provides really

Pratibha Joshi

makes it stand out.

### **Safety**

IU is dedicated to keeping our students safe. We have our own police department, a Commission on Personal Safety, and we prepare both students and staff for weather and other emergency situations.

**IU Notify** is an email, text, and phone service that keeps students informed with personal alerts.

Occasionally, parents become concerned when they are unable to reach their student. Experience indicates that students are usually dealing with a lost or uncharged cell

# **Emergency Campus Contacts**

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phone, a full e-mail inbox, or are simply busy. After giving them some time, if you are concerned about your child and cannot reach them, please do not hesitate to connect with an emergency campus contact. We will help find your student, and ask them to respond to you.



Two things make Bloomington one of my favorite cities: its beauty and its people!

Avni Gupta India

### **Healthcare**

IU offers a wide range of health services on campus, including check-ups, doctor's visits, and counseling services at the **IU Student Health Center**. There are also on-campus options for **counseling**, **wellness**, and **eye-care needs**. In addition, Bloomington has two full-service hospitals in town, located off campus.

Students are provided more detailed information as part of their orientation, including what to do in case of an emergency. If your student regularly takes prescription or herbal medication, please make sure they know the English name of the drug, as well as their normal dosage.

### Insurance

All international students are required to maintain health insurance while they are enrolled at IU. They are automatically enrolled in Anthem, which provides excellent coverage. Find more details at **ois.iu.edu/insurance**. By requiring all international students to use Anthem insurance, IU is able to negotiate the best available rates for great coverage.

### **Dietary Options**

IU culinary staff works tirelessly to provide quality, freshly prepared food options, as campus cuisine and the community surrounding it are an integral part of the Hoosier experience. Students are provided with an array of options to not only meet their nutritional needs, but expand their palate to include favorites from around the globe.

IU Campus Farm provides local produce to chefs to create the best flavors using the freshest ingredients. Dining staff partner with local farmers to source seasonal items for IU dining halls. Point of service menus are labeled with allergen information, as well as vegetarian, vegan, and Eat Right options. IU Dining's Registered Dietitian meets on request with students living on campus who have food allergies or dietary needs. Staff are trained in safely preparing meals for those with food allergies, and menus are developed for special diets to ensure anyone can eat on campus no matter how unique a diet may be.

Bookmarket and Goodbody Eateries have The Globe, which serves authentic food inspired by a different country each day. Certified Halal meat is featured at Wright Eatery's Eastern Harvest concept, with one day per week at Goodbody Eatery being a completely vegan menu. The Simon G. Hillel Jewish Center has an open fridge policy, and regular meals prepared there are certified Kosher. Vegan and vegetarian options are available at every IU Dining location on campus, and IU's own line of pre-packaged salads, wraps, and bento boxes contains a wealth of variety for those who follow a vegan or vegetarian diet.









### **Culture and Traditions**

**IU** is a special place. For over 200 years, Indiana University has produced thousands and thousands of graduates. They earn degrees and become professionals in a wide variety of fields. While that is the primary goal of a university education, what alumni remember is how IU changed them as a person. They gained friendships, confidence, networks, independence, knowledge of other cultures, and experience that only a large university community can produce. Adults are created at IU, and their memories last a lifetime. An IU graduate shares a bond with almost 700,000 alumni across the globe, and the network keeps expanding.

